



On May 1, 2020, the Department of Labor issued revised model notices to address COBRA's interaction with Medicare. The model notices explain that there may be advantages to enrolling in Medicare before, or instead of, electing COBRA. These documents will provide important information to COBRA-eligible individuals as they make healthcare choices for themselves and their families while assisting employers that must comply with the notice requirements under COBRA.

The U.S. Department of Labor's Employee Benefits Security Administration published updated COBRA model notices:

- [COBRA Model Notice FAQs](#)
- [COBRA Model General Notice](#)
- [COBRA Model General Notice \(Spanish\)](#)
- [COBRA Model Election Notice](#)
- [COBRA Model Election Notice \(Spanish\)](#)

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